## BUTTERMILK BREAKFAST PANCAKES

Yield: 6 pancakes

## Ingredients:

1 large egg

250 mL milk (preferably homogenized or 2%)

15 mL vinegar

30 mL melted margarine

290 mL flour

7 mL baking powder 1 mL baking soda

25 mL sugar 1 mL salt 15 mL oil

## Method:

- 1. In a small bowl combine the flour, salt, soda, baking powder and sugar.
- 2. In a glass liquid measure, measure out the milk and add the vinegar to it. In a medium bowl beat together the egg, buttermilk mixture and melted margarine.
- 3. Using a whisk gradually add the flour mixture to the milk mixture and whisk until almost smooth. DO NOT OVERWHISK.
- 4. Heat frypan over medium heat and add a little bit of oil.(about 3 ml per pancake)
- 5. Pour half of the batter into a glass liquid measure. Pour about 125 ml of batter into the frypan for each pancake.
- 6. Cook for 2-3 minutes or until tiny bubbles begin to appear on the surface of the pancake, the outside edges begin to cook and the underside is lightly browned.
- 6. Turn the pancakes using the lifter and cook about 1 minute more. Serve warm with butter and syrup.